CLE10 Name:
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# ACTIVITY ONE: INTRODUCTION TO THE EXTERNAL FACTORS THAT IMPACT & INFLUENCE CAREER PLANNING & DECISIONS (WORKBC)

# A. Brainstorm Session:

What are some external factors or trends that could influence my career and life choices?

External Factors	Possible Impact on Careers

#### B. WorkBC Tour

Teachers will provide an orientation to WorkBC Explore Careers to learn about the various sections that relate to external factors or trends.

#### C. The Reveal:

#### External factors include:

- ° Economic
- ° Global
- ° Demographic (aging population, rising youth population)
- ° Employment forecasts
- ° Media
- ° Environmental
- ° Technological
- ° Political
- ° Trends (e.g., Buy local initiatives)

## **D.** Group Activity:

#### **Instructions:**

Divide into groups of two or three.

Each group will choose one Career *External factor from above* to research.

## Your Group Task is to:

- 1. Create a working definition of the factor or trend. Research the factor or trend, using Workbc.ca and other sources.
- 2. Develop examples of how the factor or trend has impacted, or could impact, people personally, socially and economically, including their career choices. Use examples of parents, siblings or other people in their personal lives who have careers.
- 3. Create a scenario (role-play) based on above that demonstrates how a person's career could be impacted by this factor or trend. Include the options the person has for future career planning and decision-making.
- 4. Capture the information on paper or electronically.
- 5. Each group/or a representative will share their findings (Questions 1, 2, & 3) with class.